

## ★ Art Therapy Workshop ★

We have two kinds of art therapy workshop



### INTRODUCTION

Sundays 10:00-12:00

The number of participants: 2-4

Fee: 3,000 Yen (includes material fee)

(Cancellation system is same as counseling)

This workshop is designed for people who are new to art therapy and would like to try this modality.

The art therapist will explain what is art therapy. This workshop includes basic art therapy exercises such as scribbles.

Basically, the content of this workshop is same but you are welcome to join again.

Participants will enjoy express themselves through the art.

No art skill or experience is needed. Please wear comfortable clothes.



### CREATION

Sundays 10:00-12:00

The number of participants: 2-4

Fee: 4,000 Yen (includes material fee)

(Cancellation system is same as counseling)

This workshop is for people who joined Art Therapy Workshop Introduction or people who have art therapy experiences before.

Art skill or experience is not required.

In this workshop, participants will work on different materials and themes each time.

These information and the date will be informed on website at the same time.

Participants will deepen insight of self in different art making processes.

Please wear comfortable clothes.

**The date will be announced on TCS's website**

#### **How to Apply**

Send email to TCS. Please include your

Full name / Phone number / Workshop that you would like to join (Introduction or Creation) / comment or inquiry if you have

Please feel free to ask more details.

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